

HEADTEACHER'S MESSAGE

Dear Students/Parents and Carers,

I hope this letter finds you well. As we approach the Easter break we have had another busy week at the Academy.

We were delighted to welcome Debbie Hick (Chair of Governors) and other **Governors** in for the day on Tuesday, they visited lessons and met with students and staff.

Congratulations to Year 10 BTEC students who completed their **BTEC Sport practical assessments** this week and thank you to those Year 7 students who acted as participants in the practical activities.

I would like to extend my appreciation to Mr Hudson and Miss Gilbert for accompanying the Year 7 Stellar group on their visit to the **Planetarium** in Chichester on Wednesday. Thanks also to **Havant Rotary Club** for the excellent **STEM Challenge Day** facilitated by Horndean Technology College, which a group of our Year 8 students greatly enjoyed participating in.

I would like to thank Miss Miller for putting together today's **Game Changer Day**, and for our staff and visitors who delivered the sessions. We are grateful to the **Ridown Group** for delivering sessions on employability to Year 11 and our local **PCSO** for delivering a session on violent crime reduction. There were lots of engaging sessions today, but I wanted to give special thanks to Mr O'Hara for his session on **Healthy Relationships** which was delivered with authenticity and passion and was extremely well received by the students.

Many of you will have watched **Adolescence** on Netflix recently or may have seen former England Manager **Gareth Southgate's speech** about the need for more positive role models for young men. Both have highlighted the vulnerability of young men in our society, notably through the rise of **Incel Culture** and the **Manosphere**. For those of us that work with, or have our own children, it is important to gain an understanding of these issues, so we have attached a parent's guide to Incel Culture and some information about how emojis are used in the manosphere. We hope that these are useful.

Thank you for your continued support for Havant Academy. We hope you have a great weekend, and we look forward to continuing to work together to support your child's education and success.

Best wishes,

Vicki Dillon-Thiselton

Headteacher



UPCOMING EVENTS

Date	Year Group/s	Event Details
2nd, 3rd & 4th April 2025	Top scoring students	Reward days
Thursday 3rd April 2025	Year 10	Employer interview day
Friday 4th April 2025	Whole school	Last day of term - students leave at 3pm
Tuesday 22nd April 2025	Whole school	First day of term
Wednesday 23rd April 2025	Year 11	Geography field trip

Our calendar is available on our website: www.havant-tkat.org/news-dates/calendar

KS3 & KS4 ASSESSMENT DIARY

Year 11	<ul style="list-style-type: none"> GCSE Art exam 31st March - 3rd April 2025 GCSE exam period 25th April - 18th June 2025 JCQ Contingency dates 11th and 25th June 2025 <p>Please see our examinations website page for the full timetable. www.havant-tkat.org/students/examinations</p>
Year 10	<ul style="list-style-type: none"> Bronze (Mock) exams 22nd - 30th April 2025

LAST WEEK'S TOP POINT SCORES

TOP HOUSE		TOP 5 STUDENTS	
Blue	3862	Grace	152
Yellow	3771	Alfie	111
Red	3925	Ashlee	101
Green	4837	Nevaeh	94
		Tallulah	89





GCSE EXAMS

The 2025 GCSE exam timetable is available on our website.

www.havant-tkat.org/students/examinations

BRONZE (MOCK) EXAM TIMETABLE APRIL 2025 (Year 10)

Day	Date	Session 1 9-10:50pm	Session 2 11:35 - 1:35
Tues	22nd	English Language Paper 1 1hr 45 mins	Geography Paper 1 Physical Environment 1 hour 30 min
Wed	23rd	English Literature Paper 1 1hr 45 mins	History Paper 2 Anglo Saxon & Norman England 1 hour
Thurs	24th	Mathematics Paper 1 (Non-Calculator) 1hr 30 mins	Spanish Listening F- 35 min H - 45 mins Spanish Reading F - 45 mins H- 1 hour
Fri	25th	Physics 1 hour 15 mins	History Paper 1 Crime & Punishment 1 hour 20 mins
Mon	28th	Mathematics Paper 2 (Calculator) 1hr 30 mins	Spanish Writing F - 1 hour H - 1 hour 15 mins
Tues	29th	Biology 1 hour 15 mins	Citizenship Paper 1 1 hour 45
Wed	30th	Chemistry 1 hour 15 mins	Catering 1 hour 20 mins



OUTDOOR LEARNING

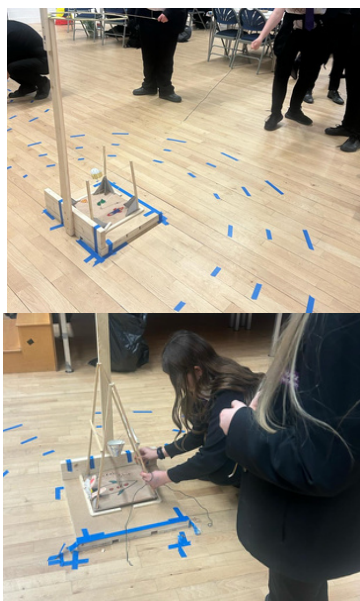
Students have been busy putting their fire-building skills into practice. They should be very proud of themselves.



STEM CHALLENGE

This week, a group of Year 8 students attended Horndean Technical College to take part in a STEM challenge with Havant Rotary Club. Students were required to design, build and test an automated catapult. The students competed against 25 other teams, from Year 8 to Year 13, from other Havant schools.

All students showcased excellent creativity as well as their teamwork and communication skills, narrowly missing out on the trophy!



STELLAR STUDENTS EMBARK ON COSMIC ADVENTURE AT SOUTH DOWNS PLANETARIUM

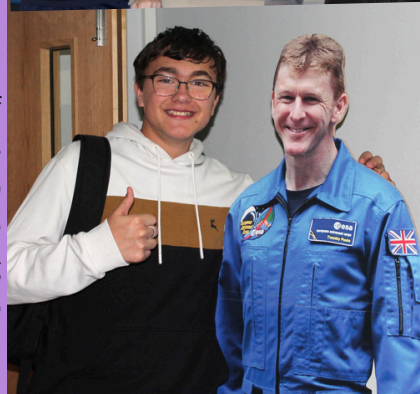
This week, twenty-seven eager Year 7 students from the Stellar group embarked on an unforgettable journey to the South Downs Planetarium, accompanied by Mr Hudson and Miss Gilbert. The trip proved to be a resounding success, igniting a passion for astronomy and space exploration in our young learners.

The day commenced with an immersive experience within the planetarium's magnificent dome. As the lights dimmed, the students were transported to the vast expanse of the night sky, projected with breathtaking clarity onto the curved ceiling. This captivating presentation offered a comprehensive tour of constellations, planets, and the intricate workings of our solar system.

Following this celestial journey, the students delved into the exciting realm of current space exploration, specifically focusing on the Artemis program. This segment of the visit provided an insightful look into the ambitious plans to return humans to the moon, fostering a sense of anticipation for future scientific advancements. Students learned about the complex engineering and scientific challenges involved, sparking curiosity and encouraging them to consider the possibilities of a future in space exploration.

The afternoon culminated in a hands-on experience with meteorites, offering a tangible connection to the cosmos. Students were given the extraordinary opportunity to hold these ancient rocks that have travelled vast distances through space. The sheer weight and texture of these extra-terrestrial objects sparked a flurry of questions and discussions, bringing the wonders of space closer to home.

The students enjoyed the day and are already looking forwards to their next adventure.



HAVANT ACADEMY
STELLAR GROUP



ACADEMY NEWSLETTER



GAME CHANGER DAY #2

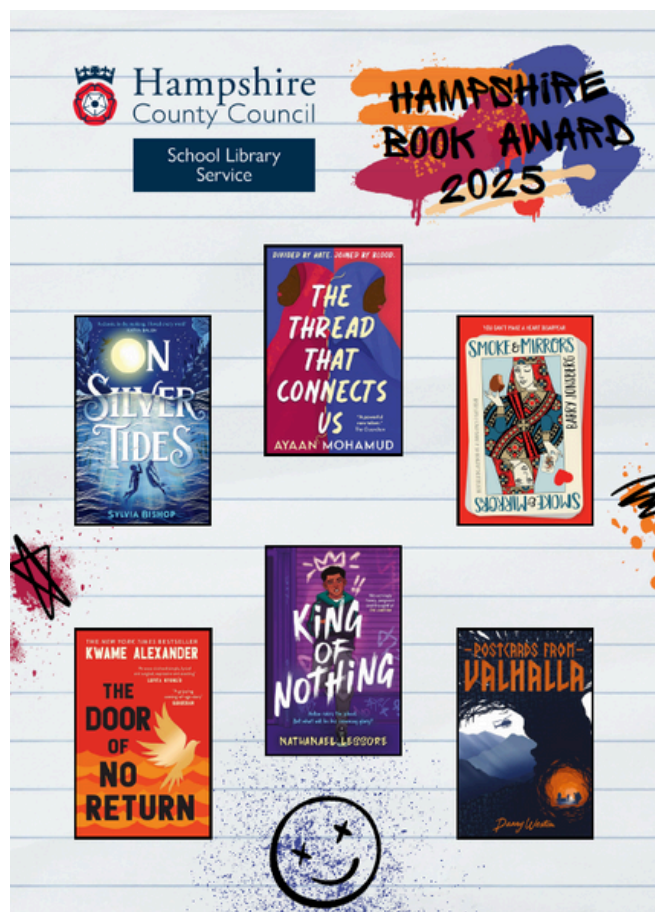
Friday marked our second Game Changer Day of the academic year; a unique opportunity for students to develop essential skills in leadership and resilience. These specially designed events offer a range of engaging and interactive sessions that challenge students to think critically, work collaboratively, and step outside their comfort zones.

Throughout the day students took part in exciting activities such as:

- an egg challenge, where they had to design protective casing for their egg,
- orienteering challenges, where they used their map-reading skills,
- a prosthetic leg challenge, which allowed them to consider the engineering required to design a functional prosthetic.

By participating in these hands-on experiences, students not only gained valuable knowledge but also strengthened key skills needed to thrive in an ever-changing world.





HAMPSHIRE BOOK AWARD

Congratulations to all the Year 8 readers who have embarked on their journey with the Hampshire Book Award. This exciting opportunity allows them to explore the six shortlisted books selected by the Hampshire School Library Service. As they read, they'll be considering the storytelling and how each writer delivers enjoyment, enrichment and engagement.

Along the way, they will meet regularly with Mrs Fletcher to share their thoughts and insights. Happy reading!

READING

WHAT'S
THE
POINT?

READING FOR
6 MINUTES A DAY
REDUCES STRESS
BY 68%

Emotional Benefits of Reading Daily

- Increases self-esteem and confidence
- Improves emotional intelligence
- Increases empathy and compassion
- Helps reduce symptoms of depression and anxiety
- Provides an escape from daily stressors

Physical Benefits of Reading Daily

- Improves sleep quality and duration
- Lowers blood pressure
- Increases lifespan
- Provides a healthy alternative to screen time
- Helps readers relax and unwind

Social Benefits of Reading Daily

- Improves communication skills
- Increases understanding of different cultures and perspectives
- Exposes readers to diverse ideas and experiences.
- Provides opportunities for social connection through book clubs and discussions
- Helps readers develop meaningful relationships with characters in books

Mental Health Benefits of Reading Daily

- Boosts brain power
- Reduces stress
- Improves memory
- Enhances focus and concentration
- Helps prevent cognitive decline



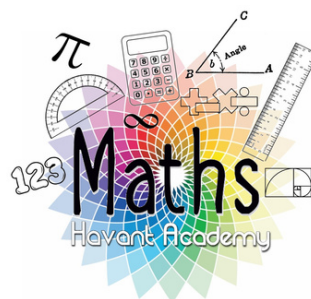
YEAR 11 BOOST THEIR SKILLS WITH PET-Xi SUPPORT

Last week, some of our Year 11 students had the fantastic opportunity to work with PET-Xi again, the renowned maths specialists, over an intensive three-day programme. Focused on small yet significant topics tailored to aid exam preparation, the sessions were designed to build confidence and mastery in areas critical for the upcoming GCSE exams.

To keep the energy high and learning fun, the sessions included engaging games and prizes. Students earned raffle tickets as rewards for answering questions, fostering a lively and collaborative atmosphere.

Ovie and the team from PET-Xi were highly impressed with the enthusiasm and dedication displayed by our Year 11s. They offered high praise for the students' engagement and sent their best wishes for success in the upcoming exams.

A huge thank you to PET-Xi for their support and to our students for making the most of this valuable opportunity!



PI DAY CELEBRATION HIGHLIGHTS

Every year, Maths enthusiasts around the world come together on March 14th to celebrate Pi Day, a day dedicated to the mathematical constant π (Pi). But what exactly is Pi? Simply put, Pi is the ratio of a circle's circumference to its diameter. This infinite, non-repeating decimal starts with 3.14159 and continues endlessly. It has captivated mathematicians for centuries.

This year's Pi Day was a blast, with an exciting competition that attracted numerous participants in all year groups, all eager to show off their memory skills. The challenge? Recall as many digits of Pi as possible, without using anything to help. The competition was fierce, but here are our incredible winners:

- 1st Place: Violet M (Year 11) amazed everyone by recalling an astounding 80 digits of Pi!
- Joint 2nd Place: Eloise D (Year 10) and Millie C (Year 8) both impressively recited 50 digits each.
- 3rd Place: Maggie L (Year 10) secured her spot with 32 digits.

Congratulations to all who participated—you made this Pi Day unforgettable. Here's to continuing the celebration of Maths, creativity and all things Pi.



Did you know that March 14th isn't just special because of Pi? It also happens to be the birthday of Albert Einstein, making it a doubly significant date for Science and Maths lovers!

YELLOW HOUSE CHARITY DAY

Yellow House truly lived up to its name last Friday, radiating warmth and generosity during our fantastic charity day! We came together as a community to raise vital funds for Southampton Children's Hospital, a cause close to our hearts as they have provided incredible support to our community.

The day was a whirlwind of fun and fundraising, filled with laughter and delicious treats. Our fantastic cake sale was a resounding success, with tables laden with homemade goodies that disappeared in record time! Many tried their luck at "Guess the Sweets in the Jar," with some close guesses and a lucky winner! We were excited to introduce the rest of the school to "Fruit Or Fudge" - a 'spin the wheel' game normally played in our house assembly where everyone was a winner! To cap off the day, for the first time in Havant Academy history we had a fantastic and fun "rave", filling the hall with music and joyful dancing, completely organised by Year 11 students.

The atmosphere was electric, a testament to the incredible spirit of Yellow House. It was truly inspiring to see everyone – students, teachers and staff – come together to make a difference.

We are thrilled with the amount we raised, and this wouldn't have been possible without the incredible support of everyone involved.

A huge thank you to all the bakers who contributed their delicious cakes and treats; the brilliant organisers who put together such a fun and engaging day; everyone who donated sweets, prizes, and their time, and every single person who participated in the activities and contributed to the fundraising.

Your generosity and enthusiasm have made a real difference. We are so proud of the Yellow House community and the positive impact we can have when we work together. Thank you for helping us support Southampton Children's Hospital!





March 2025

ACADEMY NEWSLETTER

**Are you in Year 11 and
starting your GCSE exams soon?**

**Would you like somewhere to go
to chill and switch off?**

Starting on Monday 28th April
4:00 - 5:30PM
At The Hub

TALK ABOUT WORRIES

STUDY PREP

NEXT STEPS

CHILL & CHAT



life chances for young people



Incel Culture

PARENT GUIDE

The recent **Netflix drama Adolescence** has highlighted the troubling rise of incel (involuntary celibate) communities and their influence on young people. As a parent, it is important to understand this online subculture, recognise warning signs, and engage in open conversations with your child. This guide explains incel ideology, key terms, signs to look out for, and conversation starters to help you support your child. You can find further support on our website.

What is an incel?



The term **incel** stands for 'involuntary celibate' and refers to men who believe they are unable to form romantic or sexual relationships despite wanting to. Some incel communities foster resentment towards women, blaming them for their perceived misfortune. These forums (often online) can promote misogyny, victimhood, and, in extreme cases, radicalisation.

Key Incel Terminology

Red Pill – From The Matrix, refers to 'waking up' to the 'truth' of gender dynamics, as incels perceive them.

Chad – An attractive, successful man who is desirable to all women.

Stacy – An attractive woman who is seen as prioritising men like Chad.

Becky – An average woman, often contrasted with a Stacy.

Femoid/Foid – A dehumanising term, implying women are inferior.

Black Pill – Belief that nothing changes with self improvement or effort.

80/20 Rule – A theory suggesting that 80% of women are attracted to 20% of men, fuels resentment.

Andrew Tate – A key promoter of incel ideology.

Signs to Look Out For:

- Low self-esteem
- Use of incel language
- Hostility towards women
- Isolation and secrecy
- Increased frustration & anger

Conversation Starters:

- What do you think makes a healthy relationship?
- Is it fair to blame one group of people for our personal difficulties?
- How do you decide whether something you read online is trustworthy?



Understanding 'Manosphere' Emojis



The red pill symbolises 'red pill' thinking – the idea that men need to 'wake up' to what they see as an unfair system working against them.



The black pill represents 'black pill' beliefs, which say that men who aren't naturally attractive (so-called 'Chads') have no real chance in dating.



The flexed bicep stands for being a strong, dominant man, often linked to gym culture and the idea of being a 'high-status' man.



The 100 stands for the 80/20 rule. This rule represents 80% of women are only attracted to 20% of men.



The fire is used to praise someone for agreeing with the 'manosphere' beliefs or sharing an opinion that supports them.



The skull is often used to show extreme hopelessness, especially in INCEL groups, suggesting they've given up on dating. It can sometimes indicate something dangerous is going to happen.



The cold face emoji represents emotional detachment, often linked to the idea that men should be tough and avoid showing feelings.



The beans (coffee beans or kidney beans) are used to belittle women and reinforce harmful stereotypes



The dynamite or exploding emoji represents an exploding 'red pill', meaning that someone is an INCEL.

Context Matters - The meaning of an emoji can vary based on the conversation. It's essential to consider the surrounding text, previous messages and the relationship between the individuals communicating.

Understanding 'Manosphere' Emojis



The crown is used to show dominance, often linked to the idea that 'men are kings'. Sometimes the crown is used to mock men who are seen as too submissive to women.



The gorilla represents extreme masculinity, sometimes used jokingly to suggest raw strength and dominance.



The snake is used to insult men who support feminism or gender equality, calling them traitors.



A money bag stands for the belief that wealth equals power and makes a man more attractive to women.



An upside down face is used sarcastically to mock feminist views or men who don't follow 'manosphere' beliefs.



A dress or high heel shoe is used to refer to women in a stereotypical or objectifying way.



The cat is often used as an insult towards women, sometimes implying they are lonely or undesirable.



The wilted flower suggests a woman is 'past her prime,' often used to criticise women in discussions about dating and relationships.



The baby bottle is used to mock men who are seen as too emotional or dependent on women, often calling them 'weak' or 'beta males.'



The unicorn represents the idea of a 'perfect' woman—someone who is submissive, young, and 'pure,' according to 'manosphere' beliefs.

Context Matters - The meaning of an emoji can vary based on the conversation. It's essential to consider the surrounding text, previous messages and the relationship between the individuals communicating.

Understanding 'Manosphere' Emojis



The clown is used to make fun of men who are seen as overly supportive of women, feminism, or progressive ideas.



The monkey face is used as an insult aimed at men who are considered weak or who follow mainstream beliefs without questioning them.



The clown face with a world emoji suggests that society has become ridiculous or 'broken' because of feminism and progressive values.



A hot chilli is sometimes used to describe an attractive woman, but often with a negative meaning, suggesting she is manipulative or dangerous.



The puzzle piece refers to trying to 'figure out' women or understand dating like it's a game or a code to crack.



A rocket symbolises rising in status, wealth, or power.



The wolf head represents 'lone wolf' masculinity - rejecting mainstream dating and focusing on independence.



The ghost refers to someone who is elusive or has disappeared from communications.



Eyes suggests a desire to see nude images or indicates being watched or watching someone.

Context Matters - The meaning of an emoji can vary based on the conversation. It's essential to consider the surrounding text, previous messages and the relationship between the individuals communicating.

Understanding Drug Related Emojis



The plug represents a drug dealer or a drug deal.



Leaves including herb leaves or maple leaves are used to suggest marijuana.



A pill is used as a general drug reference or a suggestion of taking prescription pills.



A snowflake image is often used to signify cocaine.



A snow capped mountain may signifies cocaine.



A horse represents the drug Ketamine.



A balloon can be used as a reference to Nitrous Oxide (laughing gas).



A mushroom can signify hallucinogenic mushrooms (Magic Mushrooms).



A rocket can signify high potency drugs.

Context Matters - The meaning of an emoji can vary based on the conversation. It's essential to consider the surrounding text, previous messages and the relationship between the individuals communicating.

Understanding Emoji Hearts

The RED heart means love or deep affection.



The PURPLE heart signifies sexual attraction or a casual relationship.



The YELLOW heart indicates friendship or platonic interest.



The PINK heart represents a crush or infatuation without sexual intent - “I am interested but not in sex”.



The ORANGE heart offers reassurance or support.

Understanding Sexting Emojis



An egg plant represents male genitalia.



A peach emoji represents buttocks.



Cherries suggest breasts or testicles.



Sweat droplets means sexual arousal or ejaculation.



A tongue emoji suggests oral sex.

Context Matters - The meaning of an emoji can vary based on the conversation. It's essential to consider the surrounding text, previous messages and the relationship between the individuals communicating.