

HEADTEACHER'S MESSAGE

Dear Students, Parents and Carers,

It has been another busy week. I have been delighted to see students working hard in lessons, and engaging well with the reading programme in tutor time. We have had a drive on student punctuality to lessons in the last ten days and this has significantly improved.

On Wednesday evening we were delighted to have had over 85% of Year 11 in attendance for their final Parents Evening before the GCSE exams in the summer. We acknowledge how hard they are working, but would appreciate parents' continued support in encouraging them to attend their after school interventions in English and maths.

Yesterday, we celebrated World Book Day together - it was wonderful to have so many staff and students participating in the events organised by Miss Choudhry and Mrs Fletcher.

I am very grateful to those students who have been involved in Student Voice activities this week. They have given some really useful feedback that I have been able to share with the staff. Meanwhile the JLT are working hard with Miss Kemp Garcia to develop a new Student Charter which I know they are keen to share with students and parents once they have finished it.

Good luck to those Year 10 students who are taking their Catering practical examination next week, I look forward to seeing what's on your menus!

Lastly, I would like to remind you all of our school's policy regarding mobile phones and to ask for your continued support and cooperation in ensuring that it is adhered to.

At Havant Academy, we recognise that mobile phones are a part of modern life and can be useful for students, particularly when travelling to and from school. However, in order to maintain a focused and respectful learning environment, our policy is simple: mobile phones should not be seen or heard during the school day.

This means that:

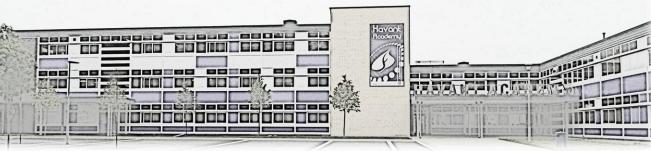
Phones must be switched off and kept out of sight (e.g. in bags or lockers) from the moment students arrive at school until they leave the premises.

The use of mobile phones is not permitted during lessons, break times, or anywhere on the school grounds.

If a student is found using their phone, it will be confiscated and only returned in accordance with our school's procedures.

We appreciate that parents may need to contact their children during the day. If this is the case, please call Reception, and we will ensure that any important messages are passed on. Similarly, if a student needs to contact home, they can go to Student Services for support.





This policy is in place to support learning, minimise distractions, and encourage positive social interactions. Your support in reinforcing this message at home is invaluable, and we appreciate your cooperation in ensuring all students follow these expectations.

If you have any questions or concerns, please do not hesitate to get in touch.

Thank you for your understanding and support.

Best wishes

Vicki Dillon-Thiselton

Headteacher

UPCOMING EVENTS

Date	Year Group/s	Event details
Wednesday 12 th March 2025	10	Expectation Evening
Tuesday 18 th March 2025	10	Employability session
Wednesday 19 th & Thursday 20 th March 2025	11	PET-Xi (Maths)
Friday 21st March 2025		Yellow House Charity Day
Friday 21st March 2025		Catch-up teenage boosters

KS3 & KS4 ASSESSMENT DIARY

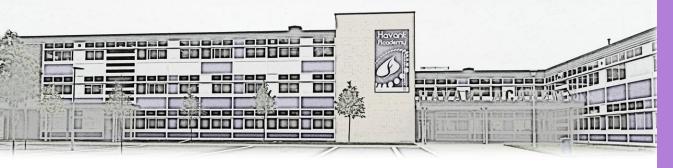
Year 10	 GCSE Catering exams 3rd – 14th March 2025
	 Bronze (Mock) exams 22nd April 2025

LAST WEEK'S TOP POINT SCORERS

TOP HOUSE		TOP 5 STUDENTS		
Blue	2893	Tommie	125	
Yellow	2468	Ashton	101	
Red	1877	Mia	98	
Green	1823	Logan	97	
		Frankie	97	

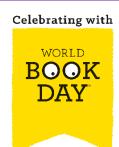






World Book Day

We had a wonderful World Book Day on Thursday. Both students and staff arrived in incredible costumes, representing a wide array of beloved book characters. Throughout the day, we enjoyed quizzes, creative book crafts in the library and a book-themed treasure hunt around the school. A big thank you to everyone for helping make our celebration of reading such a success!

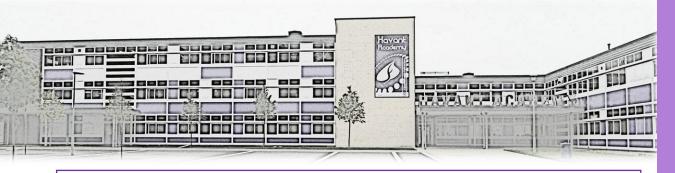




Ramadan

To support our community, we have set aside a dedicated room for prayer. If you would like to use this space, please speak to your tutor for more information.





NHS

School Age Immunisation Service

Are your child's vaccinations up to date?

The School Age Immunisation Service offers vaccinations to children and young people (aged 4-16) across Hampshire schools, including those who are electively home educated.

Vaccinations include: 🄏

- Flu (Live Attenuated Influenza Vaccine-Nasal Spray) ----> from Year R
- Human Papillomavirus (known as HPV)
 from Year 8
- Tetanus, Diphtheria, Polio (known as Td/IPV) ————→ from Year 9
- Meningococcal groups A,C,W,Y (known as MenACWY) ---> from Year 9
- · Measles, Mumps, Rubella (known as MMR) if incomplete by Year R





Giving consent

You will receive information and a code via an email in advance, explaining how to give consent.

If your child has missed their vaccination or you are a young person who would like to self consent please call

02382 318318

or email sais@southernhealth.nhs.uk

For more information visit the website or scan the QR code



www.hampshirehealthyfamilies.org.uk

Teenage Boosters are now due.

The vaccines help protect against Diphtheria, Tetanus, Polio and Meningitis.

Click the link on our website for electronic form information about the vaccine. Access to the form will close two working days prior to the session.

School Code: SH136156

Session date: 21st March 2025

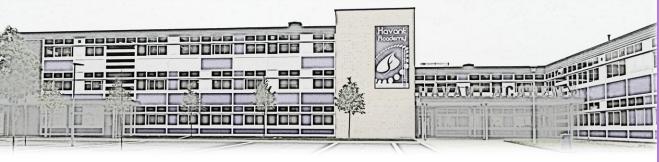
Year Group: Year 9 – 11

Alternatively, if you decide you do not wish your child to receive the vaccine, please complete the form to record your decision. This will enable us to update your child's immunisation record.

Year 11 Parent/Tutor Evening

On Wednesday evening, students in Year 11 received their Gold Mock Exam results and met with their tutors to discuss their progress and independent revision plans. This event marks a significant milestone in their academic journey. It's clear the encouragement of parents and staff has played a crucial role in their success. We are one step closer to students achieving the best possible outcomes for their future and we look forward to continuing this journey with all involved. If students or parents need further guidance or support on how best to prepare for the upcoming GCSE exams, please contact their classroom teachers via email.







Know your facts, start to talk....

It's good to talk and the more openly you can discuss vaping, the more likely your child will be able to come to you if, for example, their friends are pressuring them to try it or they've started vaping and want to give up.

It's a good idea to **know your facts**, and read about vaping so you can talk to your child about the risks in a balanced, informed way. There's no need to bombard them with info, just make sure you know what you're talking about.



Risks of vaping

Many young people who vape did not smoke cigarettes before they started vaping. But young people who vape are more likely to start smoking cigarettes than those who never vape.

- Vapes can contain nicotine and may quickly become harmfully addictive for young people.
- Nicotine addiction can affect young people's concentration and impact their ability to learn and study.
- Nicotine withdrawal can disrupt sleep and may cause headaches. It can also affect their mental health and mood.
- The long-term effects of vaping are still being researched. It's thought vapes can have a negative impact on the health of the heart and lungs, but at the moment there isn't enough evidence to assess this.
- Other harmful, illicit substances can be added to vapes such as Spice, Pine or THC.
 Sharing vapes could lead to young people inhaling these substances without realising.
- Disposable vapes have a negative impact on our environment due to their lithium batteries and hard to recycle components, and the increasing frequency in which these products are littered or thrown in the bin.







What to do if you think your child may be vaping

10 Top Tips

Spotting the signs

- · Sweet smells like fruit or bubble-gum
- They're more moody, jittery or irritable than usual
- They're thirsty all the time
- They're coughing more than usual
- They're getting headaches
- You find a vape in their room or pocket
- Increased spending/requests for money

Tip #1: Stay calm

If you suspect or find out that your child has been vaping, you may well feel upset or angry. But try to stay calm when you talk to them about it, as shouting and accusing them never gets you anywhere. If you need to let off steam, try talking to a friend or family member first.

Tip #2: Don't panic

Many of the signs of vaping are also textbook signs that your child is growing up and as part of that process is experimenting with some behaviours and trying out some risks. So, don't put two and two together and make five.

Tip #3: Address the issue

If you find out that your child has been vaping it's important to address it and have a discussion with them.

Tip #4: Pick your moment

Pick a good moment when you've time for a proper discussion. For example, if you've just found vapes in their room, wait until you've calmed down before talking to them.

Tip #5: Look for 'teachable moments'

If a story about vaping comes up in the news or a programme you watch, or you walk past a vape shop, you could ask them what they think. Then make sure to listen to what they have to say and talk about it calmly and openly. Giving your child a lecture is unlikely to get you anywhere!

Tip #6: Plan what to say

Knowing the facts and sticking to your script could stop the conversation turning into an argument.

Tip #7: Try to stay positive

Try not to blame your child or to talk about worst case scenarios. Instead, focus on how you can support them.

Tip #8: Focus on their behaviour

It may help to talk about how your child is behaving rather than focusing on vaping. If they've been irritable or tired you could start by saying you've noticed this and then ask if there's anything they'd like to talk about.

Tip #9: Listen to what they have to say

Encourage your child to talk about why they feel the urge to vape. Understanding this could help you to support them. For example, if they say it helps them feel less stressed, you could help them find other ways to calm down. If they feel pressured into it, you could help them find ways to say no.

Tip #10: Put yourself in their shoes

Growing up is hard, and young people are under a lot of different pressures. Try to remember what it was like when you were a teenager and show that you're on their side and want to help them, not have a go at them.

For further information on vaping please go to www.pha.site/vaping











